



**YOUTH
CONCERN**

Could you help
keep Aylesbury Vale's
17-25 year olds
safe at night?

NIGHTSTOP
Depaul

Homelessness leaves people vulnerable and makes the simplest of daily tasks a challenge

Aylesbury Vale has 22% more young people experiencing or at risk of homelessness compared to the national average. Youth Concern run Nightstop Aylesbury, whose aim is to prevent any young person from experiencing a homelessness crisis. Since 2012, we have provided emergency accommodation to over 150 homeless young people in Aylesbury Vale.

Youth homelessness is a real, if often unseen, issue in Aylesbury Vale. Sadly, the number of vulnerably housed young people is increasing.

The young people who come to Nightstop Aylesbury are from a variety of backgrounds and situations. Nightstop provides a safe haven to these young people when they need it most.

“I didn’t even have a hairbrush”

Maja's reflections on Nightstop

When I was 19 I was in a really bad place. I was struggling with my mental health, had fallen out with my family, and had to move out of home. I was exploited at work and ended up losing my job and my rented accommodation. I stayed with a wonderful Nightstop host. She saw that I didn't have any bags with me when I arrived so she took me to her daughter's room and said I could help myself to whatever clothes I needed. I still have the coat she gave me!

During the day I went to the Youth Concern Drop-in Centre. The youth workers couldn't have done more for me. They gave me food and clothes, helped me filling in forms, with my CV and looking for jobs. When I got an interview, they helped me to look professional. I knew I was homeless, but I didn't want to look homeless. Before that, I didn't even have a hairbrush.

I would 100% recommend Nightstop to others! I met people who cared about me and wanted to help. And they did help. Now I have another job, and somewhere good to live, and I've met someone I'm hoping to marry. My mental health is better and I'm managing it. I owe so much to Youth Concern and Nightstop Aylesbury.



The role Nightstop volunteers play in keeping young people safe

Nightstop volunteer hosts open their homes to young people facing a night in an unsafe place. Volunteer drivers ensure these young people get to a place of safety.

The service relies on kind volunteers with a spare bedroom which they are willing to offer to a guest. Not only does the volunteer host provide the guest with a safe place to stay, a hot meal and the opportunity to wash, they also provide a listening ear to make the guest feel comfortable and secure.

We are looking for new Nightstop volunteers so that we can continue to offer this vital service in Aylesbury Vale. If you feel you could be a host or a driver, please get in touch to find out more.

"Nightstop does something incredibly valuable. Young people who would have walked the streets, have been saved by Nightstop."

Nightstop host



Questions about becoming a Nightstop host

Is it safe?

Yes, we have a thorough referral process which will match you with low risk young people.

Do I need previous training or experience?

No, we provide a comprehensive recruitment process including training, home visits and DBS checks.

How often will I have guests and for how long?

Our volunteers choose which evenings they would like to host, on a completely flexible basis, doing as many or few as they choose. Length of stay varies from one night to 4 weeks.

What do I need to provide for the guest?

A private bedroom, shower, access to a washing machine, evening meal, breakfast, and packed lunch. We will cover expenses incurred.

More information is available on www.youthconcern.org.uk

Support Youth Concern Nightstop Aylesbury

If you would like to support Nightstop Aylesbury but can't become a volunteer host or driver, please do consider making a donation.

A donation of **£15** pays for a one night stay with a Nightstop host



A donation of **£39** pays for a one night stay and all the checks and training needed for a safe placement

www.givey.com/youthconcern



Get in touch to find out more and register to become a volunteer host or driver

www.youthconcern.org.uk



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